



Gymnastics 2020 Season
OFFICIAL TRYOUTS FOR ANGELS GYMNASTICS TEAM
Tryouts will begin on **August 17**

Head Coach: Stacey Shapiro (sshapiro@holyangels.org)

Assistant: Rosie Lambert (rspano@holyangels.org)

TRYOUTS

Will begin on Monday, August 17 at Ridgewood High School... time still to be determined.

Attendance is MANDATORY for all sessions of tryouts and all practices thereafter.

You will not be permitted to try out without a school physical on file in the nurse's office. All details will be available on the "Athletics Tryouts" page of the Holy Angels website soon.

If your daughter is interested in joining our gymnastics team this fall, please email me at sshapiro@holyangels.org to be added to my distribution list for any updates or changes.

I am so excited to coach this team for a seventh year and help each of you achieve many of your goals and strive for team success. Last year we had a winning record of 8-1. My goal for this season is to build team unity, good sportsmanship, and to help you grow as both gymnasts and young women. Please check the website in June to find updated information about tryouts, practices, and meets. Feel free to contact me with any questions you may have.

I look forward to seeing you at tryouts.

Coach Stacey Shapiro, Varsity Gymnastics

Welcome to AHA and Angels Gymnastics!